

** Denote core course with an asterisk and (cc) next to the course number*

Year and Term: 1 Fall		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
ENGL 111 Written English & Literary Studies I	3	x			
CINQ 101 Critical Inquiry	3	x			
MATH 116 College Algebra	3	x			
PSYN 101 Introduction to Psychology	3	x			
ENGL 110 or Gen Ed	3	x			
Term Credit Total:	15	15			

Year and Term: 2 Fall		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
EXSC 110 Foundations of Exercise Science	3		x		
BIOL 117 Nutrition	3	x			
BIOL 131 Anatomy & Physiology II	3	x			
BIOL 131A Anatomy & Physiology II Lab	1	x			
EXSC 105 Introduction to Athletic Training	3		x		
Gen Ed	3	x			
Term Credit Total:	16	10	6	0	

Year and Term: 3 Fall		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
JRSM 301 Junior Seminar	3	x			
EXSC 250 Research Methods in Exercise Science	3		x		
EXSC 360 Exercise Kinesiology	3		x		
Gen Ed	3	x			
Open Elective	3			x	
Term credit total:	15	6	6	3	

Year and Term: 4 Fall		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
EXSC 490 Exercise Testing and Prescription	3		x		
EXSC 490A Exercise & Prescription Lab	1		x		
EXSC 385 Strength & Conditioning	3		x		
EXSC 495 Exercise Sci Internship I	3		x		
Open Elective	3			x	
Gen Ed	1	1			
Term Credit Total:	14	1	10	3	

Year and Term: 1 Spring		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
ENGL 112 Written English & Literary Studies I	3	x			
BIOL 130 Anatomy & Physiology I	3	x			
BIOL 130A Anatomy & Physiology I Lab	1	x			
COMM 110 Oral Communication	3	x			
PSYN 235 Sports Psychology	3	x			
CISC 120 Introduction to Computers	3	x			
Term Credit Total:	16	16		0	

Year and Term: 2 Spring		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
Gen Ed	3	x			
EXSC 230 Applied Motor Learning	3		x		
ECON 120 World Economics	3	x			
PHYS 120 Physics of the Human Body	3	x			
EXSC 240 Sports Nutrition	3		x		
Term Credit Total:	15	9	6		

Year and Term: 3 Spring		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
EXSC 460 Exercise Physiology cc	3		x		
EXSC 460A Exercise Physiology Lab cc	1		x		
Gen Ed	3	x			
EXSC 370 Biomechanics	3		x		
EXSC 209 Emergency Care & Personal Safety	2		x		
Open Elective	3			x	
Term Credit Total:	15	3	9	3	

Year and Term: 4 Spring		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
EXSC 492 Exercise Prescription for Spec. Pop	3		x		
EXSC 496 Exercise Science Internship II	3		x		
EXSC 497 Exercise Science Internship III	3		x		
EXSC 493 Exercise Science Capstone	3		x		
Open Elective	2			x	
Term Credit Total:	14		12	2	

Program Totals

Credits: 120 Gen Ed: 60

Major & Major Elective: 49

Open Elective: 11

Legend: CR: Credits GE: General Education Maj: Major / Major Elective OE: Open Elective