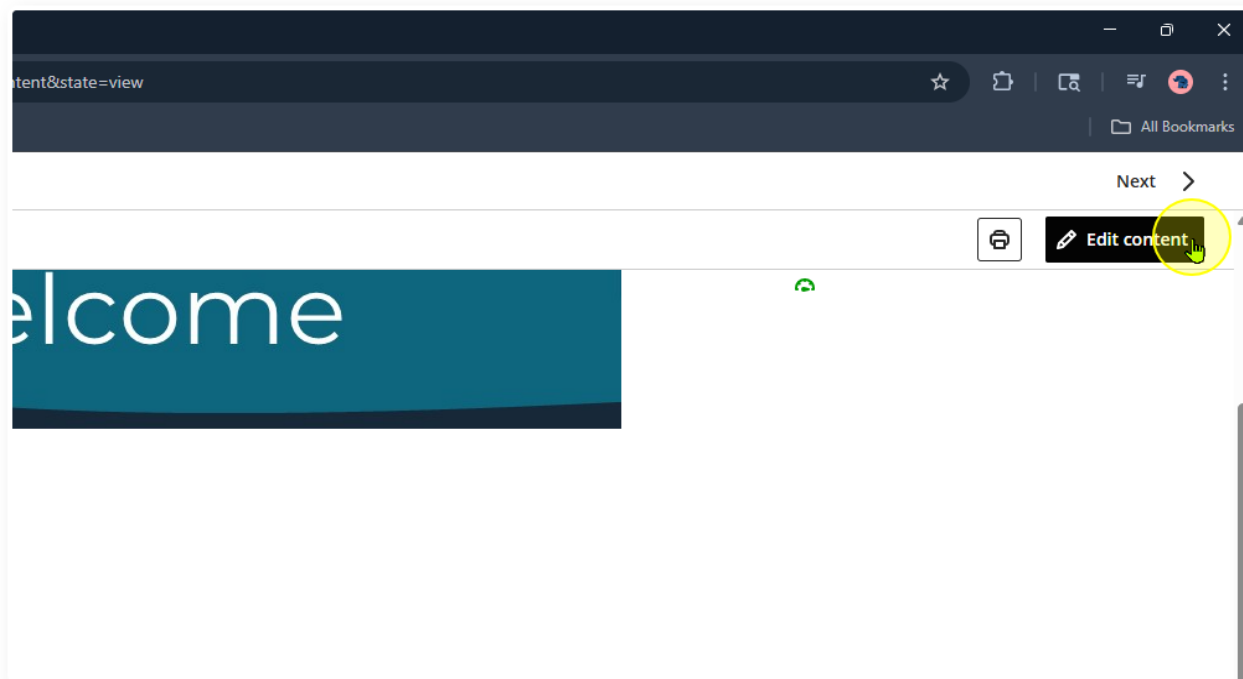
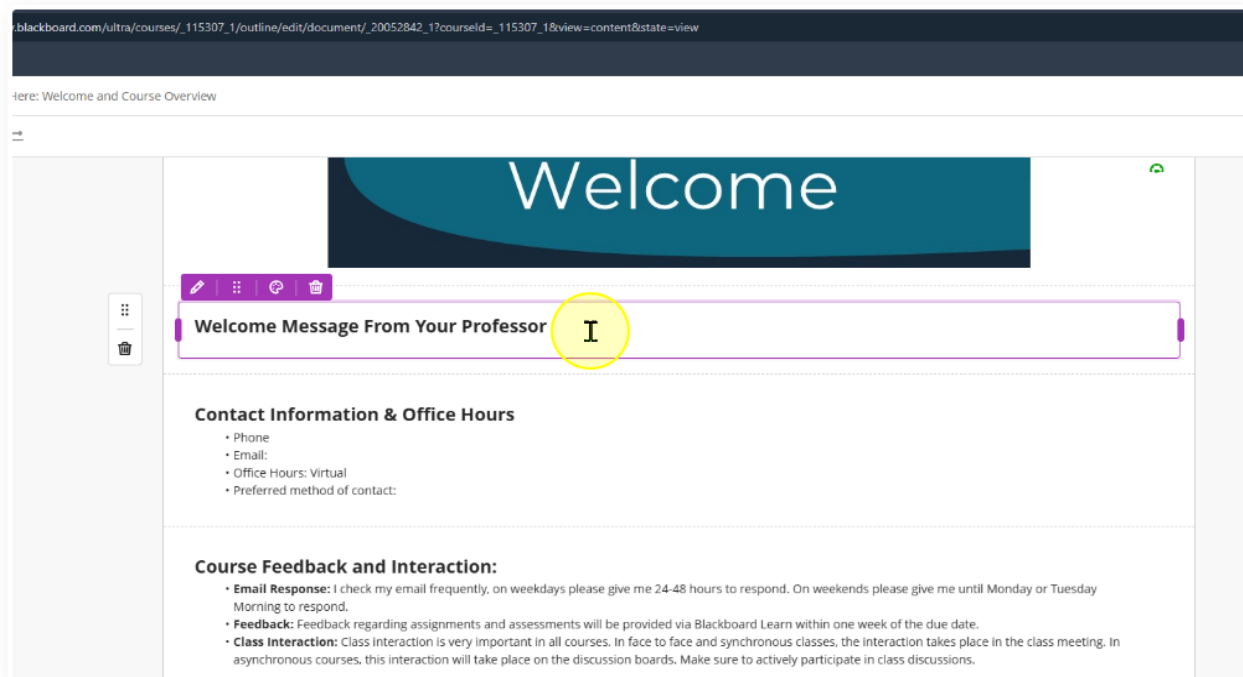


# Adding information to the Welcome from your Professor

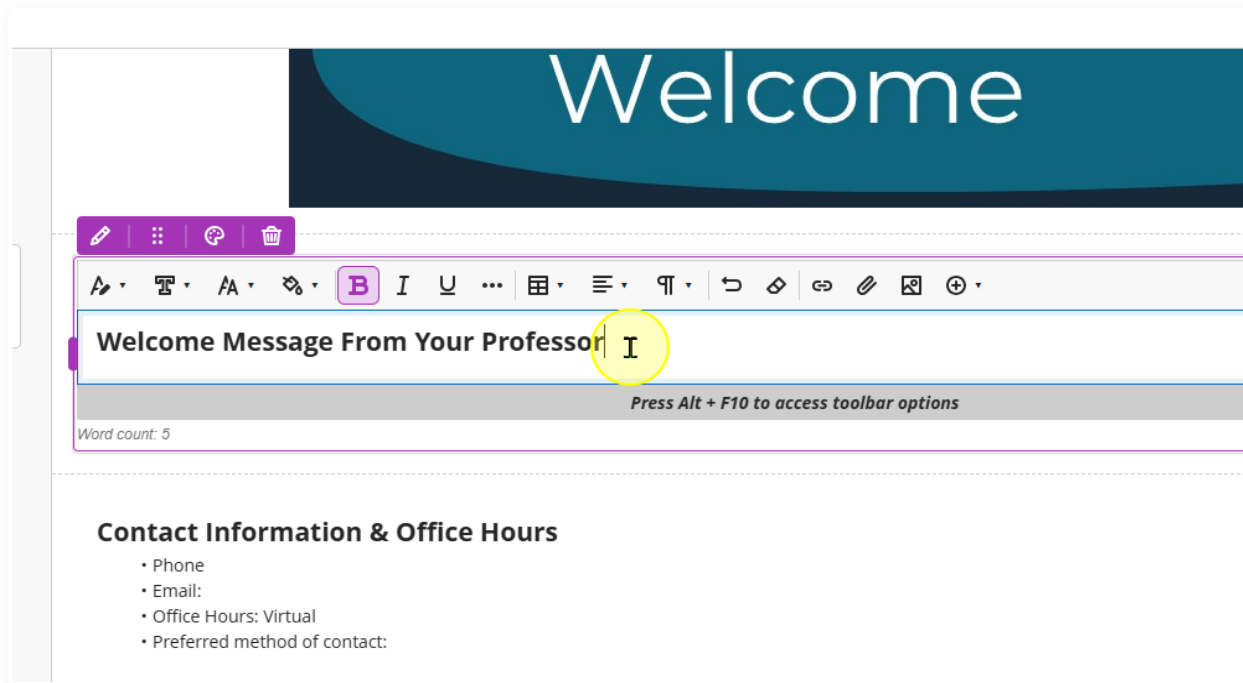
1 Click "Edit Content"



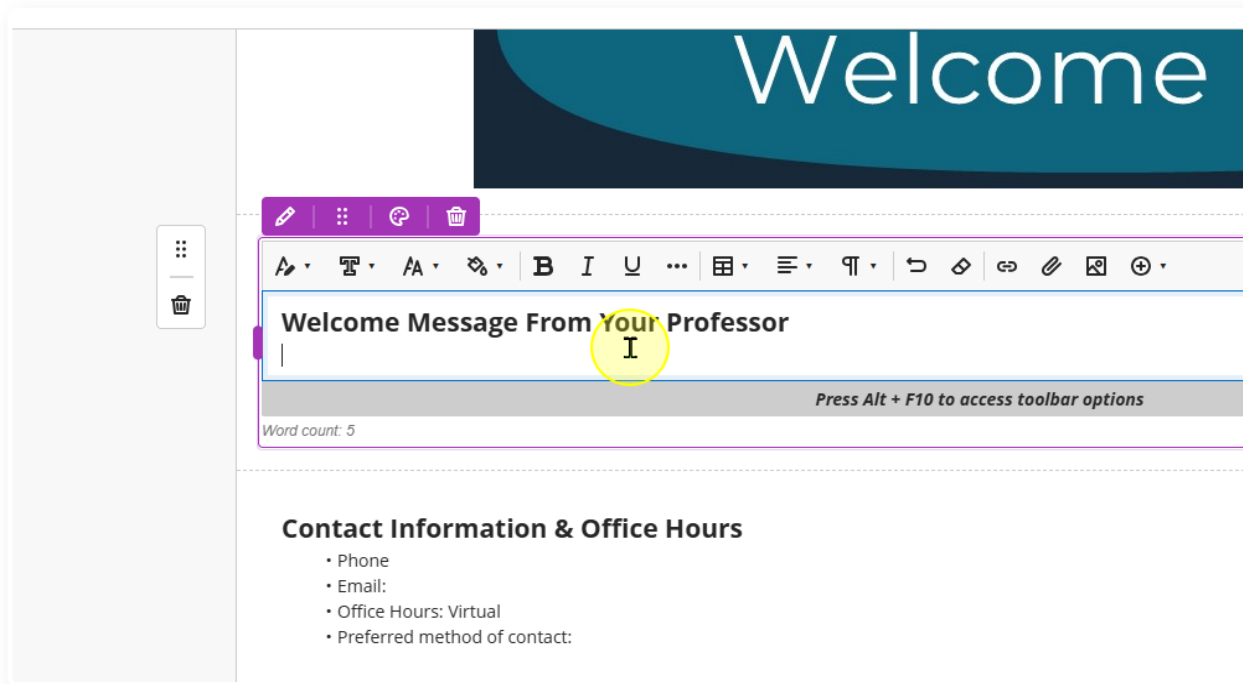
2 Click in the white space beneath the title "Welcome from Your Professor"



3 Adjust the cursor as needed.



4 Type your information in!



5 Next click on the title "Contact Information & Office Hours"

your dietary choices to meet your personal health goals. You will learn to navigate the often confusing world of dietary trends and nutrition-related claims, enabling you to make decisions based on sound scientific principles.

**Learning Activities**

Our interactive course format includes engaging lectures, group discussions, and hands-on activities. You will have the opportunity to participate in meal planning sessions, analyze case studies, and explore current issues in the field of nutrition.

*Press Alt + F10 to access toolbar options*

Word count: 153

**Contact Information & Office Hours**

- Phone
- Email:
- Office Hours: Virtual
- Preferred method of contact:

**Course Feedback and Interaction:**

- **Email Response:** I check my email frequently, on weekdays please give me 24-48 hours to respond. On weekends please give me until Monday or Tuesday Morning to respond.
- **Feedback:** Feedback regarding assignments and assessments will be provided via Blackboard Learn within one week of the due date.
- **Class Interaction:** Class interaction is very important in all courses. In face to face and synchronous classes, the interaction takes place in the class meeting. In asynchronous courses, this interaction will take place on the discussion boards. Make sure to actively participate in class discussions.

6 Begin adding your contact information.

Throughout this course, you will explore the fundamentals of nutrition, including the essential your dietary choices to meet your personal health goals. You will learn to navigate the often c make decisions based on sound scientific principles.

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## 7 Click on the title "Getting Started"

Word count: 16

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Getting Started **I**

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**Navigation:**

Click the right arrow above to proceed to the *Course Overview*.

Click the left arrow above to return the previous page.

Click the X to return to main navigation.

## 8 Click here

**Course Feedback and Interaction:**

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Getting Started **I**

Press Alt + F10 to access toolbar options

Word count: 2

**Navigation:**

Click the right arrow above to proceed to the *Course Overview*.

Click the left arrow above to return the previous page.

9 Add your Getting Started Information

**Course Feedback and Interaction:**

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Getting Started

Press Alt + F10 to access toolbar options

Word count: 2

**Navigation:**  
Click the right arrow above to proceed to the *Course Overview*.

10 When ALL sections are done click on "Save"

Next >

Cancel Save

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ns, and hands-on activities. You will have the opportunity to participate in meal planning sessions,