

** Denote core course with an asterisk and (cc) next to the course number*

Year and Term: Year 1, Fall Term		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
ENGL 111 Written English I	3	X			
MATH 116 College Algebra	3	X			
COMM 110 Oral Communication	3	X			
ENGL 110 or Gen Ed	3	X			
CINQ 101 Critical Inquiry	3	X			
Term Credit Total:	15	15			

Year and Term: Year 2, Fall Term		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
BIOL 131 Anatomy & Physiology II	3	X			
BIOL 131A Anatomy & Physiology II Lab	1	X			
PHYS 160 General Physic I	4		X		
PSYN 101 Introduction to Psychology	3	X			
EXSC 110 Foundations of Exercise Sci	3		X		
Term Credit Total:	14	7	7		

Year and Term: Year 3, Fall Term		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
PSYN 233 Developmental Psychology	3		X		
JRSM 301 Junior Seminar	3	X			
CHEM 160 General Chemistry I	3	X			
CHEM 160A General Chemistry I Lab	1	X			
EXSC 250 Research Methods in Exercise Science	3		X		
Gen Ed	3	X			
Term credit total:	16	10	6		

Year and Term: Year 4, Fall Term		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
EXSC 490 Exercise Testing	3		X		
EXSC 490A Exercise Testing Lab	1		X		
BIOL 160 General Biology I	3		X		
BIOL 160A General Biology I Lab	1		X		
Open Elective	3			X	
Gen Ed	3	X			
Term Credit Total:	14	3	8	3	

Year and Term: Year 1, Spring Term		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
BIOL 130 Anatomy & Physiology I	3	X			
BIOL 130A Anatomy & Physiology I Lab	1	X			
CISC 120 Intro to Computers	3	X			
ENGL 112 Written English II	3	X			
Gen Ed	3	X			
MATH 201 Pre-Calculus	3	X			
Term Credit Total:	16	16			

Year and Term: Year 2, Spring Term		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
BIOL 117 Nutrition	3	X			
PHYS 161 General Physics II	4		X		
Gen Ed	3	X			
BHSC 370 Statistics	3		X		
EXSC 230 Applied Motor Learning	3		X		
Term Credit Total:	16	6	10		

Year and Term: Year 3, Spring Term		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
EXSC 209 Emergency Care, First Aid / CPR	2		X		
EXSC 460 Exercise Physiology	3		X		
EXSC 460A Exercise Physiology Lab	1		X		
CHEM 161 General Chemistry II	3	X			
CHEM 161A General Chemistry II Lab	1			X	
EXSC 360 Exercise Kinesiology	3		X		
Term Credit Total:	13	3	9	1	

Year and Term: Year 4, Spring Term		Credits Per Classification			
Course Number & Title	CR	GE	Maj	OE	
EXSC 492 Exercise Prescription for Special Pop.	3		X		
EXSC 493 Exercise Science Capstone	3		X		
EXSC 495 Exercise Science Internship	3		X		
BIOL 161 General Biology II Lecture	3			X	
BIOL 161A General Biology II Lab	1			X	
Open Elective	3			X	
Term Credit Total:	16		9	7	

Program Totals

Credits: 120

Gen Ed: 60

Major & Major Elective: 49

Open Elective: 11

Legend: CR: Credits GE: General Education Maj: Major / Major Elective OE: Open Elective